

## Registration

The best method to register is online at [www.dhccdpjg.org](http://www.dhccdpjg.org)

To mail a check:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Make check or money order payable to ADA/DPG #31. A \$25 fee will be assessed for returned checks.

**DIETETICS IN HEALTH CARE COMMUNITIES (DHCC)**

2219 Cardinal DR  
Waterloo IA 50701  
[www.dhccdpjg.org](http://www.dhccdpjg.org)

Phone: 319.235.0991  
Fax: 319.235.7224

E-mail: [dhccdpjg@mchsi.com](mailto:dhccdpjg@mchsi.com)

### To register:

#### 1. Online at [www.dhccdpjg.org](http://www.dhccdpjg.org)—Preferred Method

or

1. Mail to DHCC, 2219 Cardinal Dr, Waterloo IA 50701-1007

#### REGISTRATION FEES (per person) (Includes Lunch)

DHCC, Member \$ 60  
Non DHCC Member \$ 100

Join DHCC AND attend the workshop at the member price. \$ 90\*

DHCC Student Members \$ 25

Students—Join DHCC and attend The workshop at member price \$40\*

Registration fees are nonrefundable unless written request to DHCC is postmarked by Sept. 15, 2009, or received by E-mail or fax.

#### PRE-REGISTRATION IS REQUIRED SPACE IS LIMITED

\* To join and register you must send a check

## Dietetics in Health Care Communities

a dietetic practice group of the

**eat. right.**™ American Dietetic Association

**DIETETICS IN HEALTH CARE COMMUNITIES (DHCC)**

*Formerly CD-HCF*

# Mountains of Hot Topics

Pre-FNCE Workshop

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# Mountains of Hot Topics

**Jennifer Sallit R.D., Ph.D.**, serves as Associate Scientific Director for



Medical Nutrition USA, Inc. where she conducts research in gerontological nutrition for medical food product development. Dr. Sallit was an Adjunct Professor at Florida International University, where she taught courses in nutrition and has been involved in nutritional research for the last 11 years. She holds a Bachelor of Nutrition and Food Science from Drexel University, and a Masters and Doctorate of Dietetics and Nutrition from Florida International University. Her current research focus is on improving the nutritional status of older adults.

**Shellee Roloff, CFSP**, is the



Foodservice Segment Manager for Direct Supply, Inc. She has 12 years of elder-care experience and works with the country's largest eldercare chains. She has been instrumental in developing foodservice programs that help solve industry challenges, such as improving resident satisfaction and meeting regulatory needs. Her expertise can be found in Dietary Manager and Foodservice Equipment & Supplies. Speaking engagements include: the Assisted Living Federation of America, CA Assisted Living Association, the WI DON Conferences, and Dietary Managers Association's regional state-level meetings.

**Melissa Temkin, MPD, RD, LD**, is Director of Membership and Regulatory Relations with the American Health Care Association (AHCA). Background includes 7 years of clinical, managerial, public education and research experience in rehabilitation, long-term care and dementia care facilities with advanced training in Health Law, Biostatistics, Healthcare Finance, Healthcare Politics and Public Policy, Public Health Nutrition, Joint Commission, HIPAA, and CMS compliance. She is a critical thinker, excellent communicator, writer and public speaker who can perform healthcare site assessment, and quantitative and qualitative analysis.



**Mary Ellen Posthauer, RD, CD, LD**, is Vice-President of Clinical Services, Supreme Care West, Inc. She is Chair of ADA's Unintended Weight Loss Work Group as well as a past chair of DHCC. She currently serves as Secretary to the National Pressure Ulcer Advisory Panel (past-president in 2005). She is chairman of the American Dietetic Association's Unintended Weight Loss Work Group, developing medical nutrition therapy evidence-based guidelines for practice. She has been an educator, teaching nutrition classes at the University of Southern Indiana and nutrition classes for culinary professionals at Ivy Technical College. She is the recipient of many awards from ADA including the Medallion Award, the Ann Gallagher Award, the Award of Excellence: Consultation and Private Practice, Award of Excellence in Practice: Dietetics in Developmental and Psychiatric Disorders and five ADA Service Awards.



**Mary Ellen Posthauer, RD, CD, LD**, is Vice-President of Clinical Services, Supreme Care West, Inc. She is Chair of ADA's Unintended Weight Loss Work Group as well as a past chair of DHCC. She currently serves as Secretary to the National Pressure Ulcer Advisory Panel (past-president in 2005). She is chairman of the American Dietetic Association's Unintended Weight Loss Work Group, developing medical nutrition therapy evidence-based guidelines for practice. She has been an educator, teaching nutrition classes at the University of Southern Indiana and nutrition classes for culinary professionals at Ivy Technical College. She is the recipient of many awards from ADA including the Medallion Award, the Ann Gallagher Award, the Award of Excellence: Consultation and Private Practice, Award of Excellence in Practice: Dietetics in Developmental and Psychiatric Disorders and five ADA Service Awards.

# Mountains of Hot Topics Schedule

7:00	<b>Registration</b>
7:25	<b>Welcome</b> <i>Carol Elliott, RD, LD/N</i>
7:30	<b>The Science Behind Cranberries &amp; Synbiotics for UTI and C. diff. Prevention in Older Adults</b> Jennifer Sallit, PhD, RD
9:00	<b>Setting Up Dining for Culture Change</b> Shellee Roloff, CFSP
10:30	<b>Break</b>
11:00	<b>F-Tags 325 &amp; 371: Impact One Year Later</b> Melissa Temkin, MPH, RD, LD
12:30	<b>Lunch (Included in registration)</b>
1:30	<b>Inspiring Excellence: New International Guidelines for Pressure Ulcer Prevention &amp; Treatment and EAL Unintentional Weight Loss Guidelines</b> Mary Ellen Posthauer, RD, CD, LD
3:00	<b>Adjourn</b>

**Approved for 6 CPE (Level II) Hours**  
Learning Need Code(s) 4040, 4190, 5040, 5380, 5410, 7040, 7100

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