



Consultant Dietitians in Health Care Facilities
DPG #31
Annual Business Meeting

October 2, 2007
Philadelphia, Pennsylvania

Mission: *CD-HCF is committed to leading the future of dietetics by strengthening members with food, nutrition, and management skills that promote quality of life for the people we serve.*

Vision: *CD-HCF members are a credible source of food and nutrition services across the continuum of care.*

AGENDA

1. Call to Order
2. Overview of FNCE, 2006
3. Treasurer's Report
4. Award/Scholarship Recipients
5. Recognition of Past Board Members of CD-HCF
6. Recognition of 50 Year Members of CD-HCF
7. Report to Membership
8. Call for Candidates
9. Adjournment
10. CPE Program



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SEEKING LEADERS FOR CD-HCF

Are you committed to moving the future of CD-HCF forward? Are you willing to offer your time and talents to benefit the profession? The Nominating Committee is actively seeking committed and motivated members for the 2008-09 Ballot. Deadline for submitting names is October 15, 2007. Positions available include the following:

- **Chair-Elect**
- **Secretary**
- **Area I Coordinator** (Alaska, California, Hawaii, Idaho, Montana, Oregon, Washington, Wyoming)
- **Area IV Coordinator** (Arizona, Colorado, Kansas, Nevada, New Mexico, Oklahoma, Texas, Utah)
- **Area VI Coordinator** (Maryland, North Carolina, Virginia, Delaware, Pennsylvania)
- **Nominating Committee (2)**

Members seeking the Chair-Elect position must have been elected to and served a full term on the CD-HCF Executive Committee within the past five (5) years. Area Coordinators must reside in the respective geographic area. Qualifications and responsibilities of each position are the available on the Web site, www.cdhcf.org. For more information, please contact Marianne Smith Edge, Nominating Chair, at msedge@smithedge.com.

Report to the Membership

As we look to the future, we see CD-HCF moving forward in the path set forth by our mission and vision statements. Last year we established the goal of making evidence-based research and practice our gold standard of operation; this objective is still paramount. This will help ensure that our practice in dietetics is well-respected and that we will be a part of the decision making in the health care arena. CD-HCF's objective is to help you, our members, to meet the challenges of producing evidence-based research and keeping current in all areas of health care through our newsletters and publications, FNCE activities, alliances and networking groups, Web site and EMLs, meetings, presentations and workshops. These member services are listed below and are well worth the cost of membership!

MEMBER SERVICES

The Consultant Dietitian: The quarterly publication of the DPG with free CPE opportunities available for members. CPE opportunities are available in every issue.

UPDATE!: Mini newsletters published up to 4 times per year, which focus on current hot topics of interest to our members. Past issues of the **Consultant Dietitian** and **UPDATE!** are posted on the CD-HCF Web site www.cdihcf.org.

Member Survey: THANK YOU! to the 34% of membership that participated in the recent survey. What a great response and testimony to your commitment to help the Executive Committee move towards being the best DPG! A synopsis is included in this Annual Report; an article with full results will be in the upcoming newsletter.

FNCE Activities:

- Pre-FNCE Conference, *What's New? Implementing Next Steps of the Nutrition Care Process, Cutting Edge of Clinical and Regulatory Update* on Saturday. Presentations on Aging, Inflammation and the Effects of Protein; The Aging GI Tract and Nutritional Implications Nutrition Care Process—The Next Steps as the Process Moves Forward; and Regulatory Update
- CD-HCF Sponsored Educational Session on Monday *Protein Supplements: What's Right for the Long Term Care Patient?* Presented by CD-HCF members Victoria Castellanos, PhD, RD, & Mary Litchford, PhD, RD, LDN
- Displayed and sold products at the Exhibit Floor Booth
- Sold products at Product Market Place.
- Hosted the Home Care Subunit Networking Meeting
- Held a networking meeting for members with CMS
- Hosted the Annual Member Reception
- Participated in the DPG Showcase
- Held the Corrections Subunit Networking Meeting
- Hosted the Member Breakfast & Annual Business Meeting

Alliances and Networking Groups:

Represented ADA on Advisory Committees with:

- Professional and Technical Committee for The Joint Commission
- National Commission on Correctional Health Care
- National Pressure Ulcer Advisory Panel

Initiated a networking relationship with:

- American Association of Diabetic Educators - Home Health Specialty

Maintained networking relationships with:

- American College of Health Care Administrators
- Association of Correctional Food Service Affiliates (ACFSA)

- American Health Care Association
 - American Medical Directors Association (AMDA)
 - Dietary Managers Association
 - National Association of Home Care
 - National Citizens Coalition for Nursing Home Reform
- Continued professional associations with:
- American Association of Homes and Services for the Aging

Meetings:

Sponsored booth for AMDA symposium in March 2007.

Represented at the ACFSA Conference.

Continued attendance by area coordinators at state meetings and seminars. Exhibited CD-HCF publications at state affiliate meetings, seminars and alliance meetings.

Three representatives attended ADA's Leadership Institute and Public Policy Workshop (PPW).

Revised and updated Orientation materials for new Executive Committee Members.

Web site:

The Web site is currently undergoing a total redesign. The electronic mailing lists (EMLs) have been moved to a new provider with archiving, digest, and easier subscription management.

Scholarships, Awards and Nominations:

Awarded "Distinguished Member" status to a member in each of the seven (7) areas. Awarded Circle Award, Ross Leadership Award, NEW Up and Coming Member Award and several scholarships and stipends.

Nominated CD-HCF members for 2007 ADA Awards and ADA 2007 Ballot. Developing the ballot for 2008-2009 CD-HCF elections to include at least 2 candidates for each open position. Will participate in the ADA online balloting for the first time.

Reminder: CD-HCF has a variety of scholarships for members. We need you to APPLY!

Gaynold Jensen Educational Stipend – Awards stipends for educational programs.

Best Practice Award – Submit your best practice to the Awards Committee for review. If selected, your submission will be published in the *Consultant Dietitian*.

Details at www.cdihcf.org; WATCH for future opportunities.

Welcome to the California CD-HCF Geographical Sub-Unit

Policy - A Dietetic Practice Group (DPG) may develop recognized sub-units or groups of members within the DPG

Report to the Membership, cont.

based on a practice or geographic area or issue of interest to the members of the DPG.

California's CD-HCF membership petitioned the CD-HCF Executive Committee for organization as a Sub-unit. The EC approved and the California CD-HCF members voted on acceptance to join CD-HCF as a geographical sub-unit at the annual meeting in Oakland in May, 2007. They are planning a workshop in the Spring of 2008 as part of their organization as a group. The CD-HCF EC will provide assistance as

requested as their organization continues. If your state organization needs assistance, please let us know.

The CD-HCF Executive Committee would like to thank the attendees for their support during all PreFNCE & FNCE events. If you have any comments, ideas or concerns, we would like to hear from you.

Thank you for your past loyalty and future support. *You* are the most important part of CD-HCF. Without our members there would be no CD-HCF.

**CD-HCF Treasurers Report
Balance Sheet for Fiscal Year Ending May 31, 2007**

Current Assets	
Investments	0
Accounts Receivable	\$-6,445
Advances	1,500
Interorganization Balances	\$536,134
Total Current Assets	\$531,189
Fixed Assets	
Furniture and Fixtures	\$949
Computer Equipment	0
Leasehold Improvements	0
Total Fixed Assets	\$949
Less Accumulated Depreciation	0
Net Fixed Assets	\$949
TOTAL ASSETS	\$532,138
Current Liabilities	
Accrued Liabilities	0
Total Accrued Liabilities	0
Membership Dues	\$123,694
Registration Fees	0
Other	0
Total Deferred Revenue	\$123,694
TOTAL CURRENT LIABILITIES	\$123,694
NET ASSETS	\$408,444
TOTAL NET ASSETS	\$408,444
TOTAL LIABILITIES & NET ASSETS	\$532,138

**FNCE 2006
Honolulu, Hawaii**

FNCE 2006 found CD-HCF in Honolulu, Hawaii. The overall format for FNCE was more relaxed with far more time to enjoy the tropical paradise. Educational sessions ran from 7 am to early afternoon to allow time to explore the island.

Thursday and Friday, September 14 – 15 was the Executive Committee Meeting at the Hilton Hawaiian Village.

Saturday, September 16 was the Pre FNCE Workshop **UPDATE! - GERIATRIC CARE ISSUES: The latest and greatest information for you and your facilities!** at the Sheraton Waikiki, Molokai Ballroom. There was an overflow attendance! During the Workshop, Jo Jo Dantone-DeBarbieris, Chair, recognized the Hawaii Healthy Aging Project. In 2003, State (*Hawaii*) and County aging network and public health programs joined forces to improve the health status of older adults through increased physical activity and improved nutrition in local communities. It is through this partnership comprised of representatives from the State Unit and Area Agencies on Aging, Hawaii Department of Health, other public and private sector agencies, and individual and community members that *On Creating a Legacy: Healthy Aging Project – A Strategic Plan on Achieving Outcomes (2005-2009)* was developed.

Following the FNCE Opening Session was the **Opening Night Party with ADA** on the beach. What a unique opportunity to enjoy the scenery as well as network with colleagues.

Because the Educational Sessions started at 7 a.m. each morning, it was impossible to have the normal Member Breakfast and Annual Member Meeting. (It would have had to be held at 5 a.m.!) The Annual Meeting/ Reception/ Member Get Together was held Monday, September 18 at the Hilton Hawaiian Village. The following were recognized as Award and Scholarship Recipients, 2006:

CD-HCF AWARDS

Circle Award: VistaPharm, Inc.

Ross Leadership Award:

Kathleen C. Niedert, MBA, RD, LD, FADA

Board Scholarship

Alyssa A. Rider, Kewanee, IL

Horizon Scholarship

Chelsey K Bobcek, Seattle, WA

Kathy J Crotts, Mocksville, NC

DISTINGUISHED MEMBER AWARDS

Area 1 Mae K. Isonaga, MPH, RD

Area 2 Beth Ann Nickelson, RD

Area 3 Carol H. Elliott, RD, LDN

Area 4 Janet Hendrix Duncan, MS, RD, LD

Area 5 Beatriz U. Dykes, PhD, RD, FADA

Area 6 Inez Fultz Speranza, RD, LDN

Area 7 Karen L. Laper, MS, RD

ADA AWARDS

Medallion Awards: Charlette Gallagher-Allred, PhD, RD

Carlene Russell, MS, RD, LD, FADA

Consultation & Business Practice:

Barbara Wakeen, MA, RD, LD, CCFP

2007 Student Incentive Challenge

CD-HCF has again participated in the FNCE Student Incentive Challenge, which provides a \$100 stipend to students to offset expenses for FNCE in Philadelphia. CD-HCF has provided stipends for five students.

CD-HCF 2007 Membership Survey

An online membership survey was conducted in late spring as an effort to find out about the demographics of our members, our members' areas of practice and how CD-HCF needs to evolve to meet its members needs... YOUR needs. The validity of any survey is based on the level of responsiveness by the audience being surveyed and with 34% of the membership responding, the Executive Committee of CD-HCF has good insight in planning for the future.

Who are the Members?

Forty-one percent of the members who responded have practiced as a registered dietitian/DTR for 26-35 years, followed by twenty-three percent practicing 16-24 years. The 15 years and under time frame represents approximately twenty-five percent of the current membership.

Despite the variety of settings that CD-HCF members practice, approximately 71% work in a skilled care/rehab facility setting. Approximately 9% of the members responding work in home care while 4% work in corrections. Forty-one percent of our members are self-employed while eighteen to nineteen percent are employed either by a continuing care facility/company or a hospital system. Based on the years of practice, it is not surprising that the 47% of the DPG members are in the 45-55 age range. Currently, the "under 35 years of age" member comprises ten percent of the membership.

What Services are Valued?

When asked to list the top three services or programs provided by CD-HCF that are of most value to you, the newsletter was the top service with a 93% response! Continuing professional education programs/seminars and professional resource materials were the next two highly valued programs. The offering of *regional onsite workshops* as a new service was the top choice by members in keeping them committed to the DPG. Approximately 40% of the respondents listed webinars, teleseminars, and electronic newsletters as additional services that would be of value to them.

Planning for the Future

Identifying situations/trends that may have a positive as well as negative impact on the practice of a CD-HCF member provides some insight on the "Yin and Yang" of the profession and area of practice. The aging population will provide the opportunity for growth in the area of caring for the older adult, but with the recognition that the way dietitians practice will need to change! Not only the way long term care services are delivered due to the Baby Boomers mantra of "we will never age" but the continued introduction and adoption of electronic charting and the Nutrition Care Process will change the way consultant dietitians deliver service. However, the evolution of care will not be without the continuing challenges of regulations, reimbursement and recognition of the value of the Consultant Dietitian in the health care settings. Marketing the image and value of the Consultant Dietitian remains an opportunity.....and a challenge.

Congratulations 2007 Award and Scholarship Recipients!

CD-HCF AWARDS

Distinguished members

Area I Marilyn Ferguson-Wolf, MA, RD, CSG, CD

Area II Pamela E. Webster RD, LD

Area III Lynn Schumacher, MPH, RD, LDN

Area IV Pamela Brummit, MA, RD, LD

Area V Marolyn Steffen, RD, CD

Area VI Brenda Meredith, RD

Area VII Dottie La Grua, MS, RD, CD

Up and Coming Member

Kathryn Ray, RD, LD

Ross Leadership

Bonnie H. Gunckel, RD, CD

Circle Award

Marla Carlson

HORIZON SCHOLARSHIP AND CD-HCF BOARD SCHOLARSHIP

Board Scholarship - Adrienne M. Labadie — Intern, Oklahoma State University, Stillwater

Horizon Scholarship

Karin F. Adler — Intern, Sodexo Health Care Services Distance Education, New Boston, NH

Emily B. Young — Intern, Oklahoma State University, Stillwater

ADA Excellence in Practice Awards

Consultation & Business Practice

Becky Dörner, RD, LD

Management Practice

Linda R. Hofmeister, MM, RD, LD, FADA, CHE

ADA Medallion Awards

Ronni Chernoff, PhD, RD, CSG, FADA

Marilyn Laskowski-Sachnoff, MA, RD

2008 Lenna Frances Cooper Lecture

Sylvia Escott-Stump MA, RD, LDN

PAST EXECUTIVE COMMITTEE MEMBERS

CD-HCF would like to recognize the following Past Executive Committee Members and thank them for their volunteer hours. Without volunteers like these, CD-HCF would not have produced the quality programs and products that benefit all of our members.

- | | | |
|-----------------------------------|-------------------------------|-------------------------------|
| <i>Judy Abernathy</i> | * <i>Clara Gerwick</i> | <i>Cynthia Piland</i> |
| <i>Beverly Abraham</i> | <i>Rosanna Gibbons</i> | * <i>Kathleen Pintell</i> |
| <i>Paula Allen</i> | <i>Natalie Giglio</i> | <i>Cathy Pontius</i> |
| <i>Helen Amussen</i> | <i>Jayne Gilbert</i> | * <i>Mary Ellen Posthauer</i> |
| <i>Peggy Arcement</i> | <i>Katherine Girsberger</i> | <i>Jo Ann Puls</i> |
| <i>Rosemary Behrens</i> | <i>Nancy Guppy</i> | <i>Ruth Rauscher</i> |
| <i>Annette Betz</i> | <i>Gwen Hampe</i> | <i>Brenda E. Richardson</i> |
| <i>Pat Bollinger</i> | <i>Janet Helgemoe</i> | <i>Laura Ringe</i> |
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| <i>Carole Bryson</i> | <i>Evelyn Hiatt</i> | <i>Jenny Roper</i> |
| * <i>Pam Brummit</i> | <i>Iva Mary Hopkins</i> | <i>Dorothea M. Rourke</i> |
| * <i>Sharon Burns</i> | * <i>Ann Hunter</i> | <i>Raphaella Rozanski</i> |
| <i>Barbara Bye</i> | <i>Miriam K. Jackobs</i> | <i>Patricia Rusch</i> |
| <i>Gretchen Cararie</i> | <i>Elsa Jahncke</i> | * <i>Carlene Russell</i> |
| <i>Lynn Carpenter</i> | <i>Gaynold Jensen</i> | <i>Mary Rybicki</i> |
| <i>Cheryl Carson</i> | * <i>Betty Johnson</i> | <i>Judith Schlager</i> |
| <i>Eileen Chopnick</i> | <i>Pat Kelly</i> | <i>Barbara Schmied</i> |
| <i>Deanna Cooper</i> | <i>Gloria King</i> | <i>Nanette Showalter</i> |
| <i>Edna Cox</i> | <i>Jan Kochis</i> | * <i>Carol Sichterman</i> |
| <i>Judy Cox</i> | * <i>Lillian Larson</i> | <i>Dorine Smith</i> |
| <i>Suzanne Cryst</i> | <i>Gay Lazare</i> | <i>Charlotte Smith</i> |
| <i>Pat Dahlstrom</i> | * <i>Betty Leif</i> | * <i>Marianne Smith-Edge</i> |
| * <i>JoJo Dantone DeBarbieris</i> | <i>Lynne Lindahl</i> | * <i>Marolyn Steffen</i> |
| <i>Dani Davenport</i> | <i>Del Lloyd</i> | <i>Lorie Stake</i> |
| <i>Carole Deering</i> | * <i>Ann Love</i> | * <i>Judy Ford Stokes</i> |
| <i>Betty Diegel</i> | * <i>Ellyn Luros</i> | <i>Alma Sudderth</i> |
| * <i>Becky Dorner</i> | <i>Lorraine Matthews</i> | * <i>Janice Thayer</i> |
| <i>Bridget Doyle</i> | <i>Melba Mayall</i> | <i>Leela Thomas</i> |
| <i>Liz Dunnell</i> | * <i>Wilmer McAllister</i> | <i>Lee Tincher</i> |
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| <i>Lisa Eckstein</i> | <i>Susan McCorkell-Worth</i> | * <i>Jody Vogelzang</i> |
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| <i>LaVonne Fritz-Lutz</i> | <i>Greta O'Brien</i> | |
| * <i>Ann Gallagher</i> | <i>Eileen Petix</i> | |

* **Past Chair**

Special congratulations to the following CD-HCF members for their 50 years of membership in ADA

Elizabeth R. Bare
Muriel E. Bradburn
Janet Y. Brownlee
Anne M. Buonopane
Mary Carole Downing
Etna W. Doyle
Jeanne B. Fergus
Shirley L. Fortner
Carol M. Gathy
Jayne H. Gilbert
Janet M. Greenspur Goldberg
Ann M. Murray Hahn

Ann P. Hunter
Maribelle J. Lambert
M. Colleen McCann
Lois L. MacDonald
Caroline C. Mc Kee
Rosemary K. Johnston Newman
Jean Parechianian
Anna T. Pascuzzo
Ruth T. Suh
Lila M. Waldrop
Carlean Q. Williams

Consultant Dietitians in Health Care Facilities

Executive Committee 2007-2008

Chair

Suzanne Cryst, RD, CSG, LD
430 Acorn Dr. Dayton OH 45419
937.278.2692 Ext 250
scryst@shp-dayton.org

Chair-Elect

Linda Roberts, MS, RD, LDN
104 E Roosevelt Rd, Suite 201
Wheaton, IL 60187, 630.752.8823 (W)
630.752.9350 (H)
lindaroberts@mindspring.com

Past Chair

Jo Jo Dantone-DeBarbieris, MS, RD LDN,
CDE
112 River Oaks Drive, LaPlace, LA 70068
985-651-2342 (H, W), 985-651-0067 (F)
jojodantone@aol.com

Secretary

Nanette J. Showalter, MS, RD
309 Pulaski Rd, Indian Valley, VA 24105
540-789-4123 (H), 540-798-9661 (C)
nanshowalter1000@aol.com

Treasurer

Brenda E Richardson, MA, RD, LD, CD
6060 E Greenbriar Rd W, Pekin, IN 47165
812/276-1933
brendar10@juno.com

Advisor

Diane Tallman, RD
Ross Products Division, Abbott Laboratories
6458 Canterbury DR, Hudson, WI 44236
216.408.5776
Diane.Tallman@abbott.com

Area I Coordinator

Mary Vester-Toews, RD
2099 W. Via Tivoli, Fresno, Ca 93711
559-435-9150 (H), 559-451-0460 (W)
mvester2@aol.com

Area II Coordinator

Lynda Gluch, RD, LD
8740 Paulina, Grosse Ile, MI 48138
734-692-5810 (H), 419-252-5517 (W)
lgluch@hcr-manorcare.com

Area III Coordinator

Lynn Moore, RD, LD
P.O. Box 1020, Port Gibson, MS 39150
601-437-3012 (W), 601-946-2108(C)
lynnmoore@aol.com

Area IV Coordinator

Anna de Jesus, MBA, RD
PO Box 14143, Tempe, AZ 85284-0070
480-496-7138 or 602-819-8394 (W)
nutriall@aol.com

Area V Coordinator

Sharon Emley, MS, RD, LD
7450 Fairfield Lakes Dr, Powell OH 43065
614-204-9345(C), 419-252-5526 (VoiceMail)
semley@columbus.rr.com
semley@hcr-manorcare.com

Area VI Coordinator

Joanne Zacharias, MS, RD, LDN
22880 Whelan Lane, Boyds MD 20841
240-773-9729 (W)
jgzrd@earthlink.net

Area VII Coordinator

Micki Fratianna, RD, LD
65 Delano Dr, Norway, ME 04268-4415
207/527-2090 (H), 513/633-1500 (W)
nutricon@megalink.net

Corrections Sub-Unit

Cheryl M. Bales, RD, CD
2415 E. 40th, Spokane, WA 99223
509 443-0175 (H), (509) 228-5538 (W)
cbales@cvsd.org

Home Care Sub-Unit

Carolyn M. Yanosko, MS, RD, LD
160 East 200th Street, Euclid, OH 44119
216.486.1164 (H), 216.636.8668 (W)
yanoskc@ccf.org

Legislative Network Coordinator

Priscilla Carleton, MHA, LDN/RD
11999 Longridge Ave Apt. 707, Baton
Rouge, LA 70816
225-936-8757 (cell), 225-755-4272 (W)
P_CARLETON@msn.com

Sponsorship Coordinator

Cynthia Piland, MS, RD, CSG, LD
3413 Forest Hill East Rd, La Grange, TX
78945
979/249-3792 (H), 979/249-3247 (F),
979.820.5915 (cell)
adc@cvtv.net

ADA Practice Team

Danielle Bauer
American Dietetic Association, 120 S
Riverside Plaza, Suite 2000, Chicago, IL
60606
800-877-1600 ext 4778, 312-899-4812 (fax)
dbauer@eatright.org

ADA Web Page: www.eatright.org

CD-HCF Web Page: www.cdhef.org

The Consultant Dietitian

Managing Editors

Cheryl Carson, MS, RD, LD
3845 Virginia Ave, Kansas City MO 64109
816-756-0292 (H), 913-383-3464 (W)
913-383-3729 (fax)
ccarson@clgerwick.com

Marilyn Ferguson-Wolf, MA, RD, CSG, CD
4819 45th Ave. SW, Seattle, WA 98116
206-935-4153 (H), 206-949-2427 (CELL)
marilyn@stepping-stonesconsulting.com

Cont. Ed. Editor: Marilyn Ferguson-Wolf,
MA, RD, CSG, CD

Corp. Editor: Lynda Gluch, RD, LD

Food Safety Editor: John A. Krakowski, RD

Research Editor: Alice Spangler, PhD, RD,
FADA, CFCS

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Newsletter Reviewers

JoJo Dantone-DeBarbieris, MS, RD, LD,
CDE

Linda Roberts, MS, RD, LDN

Suzanne Cryst, RD, LD

Nanette Showalter, MS, RD, LD

Danielle Bauer

Administrative Support

Marla Carlson

2219 Cardinal Dr, Waterloo, IA 50701-1007

319-235-0991 (H), 319-235-7224 (fax)

carlsonmom@mchsi.com



A Dietetic Practice Group of

American Dietetic Association